

COASTLINE COLLEGE

Mental Health Referrals & Resources Information Guide for Inland Empire SUICIDE PREVENTION & CRISIS HOTLINES

- National Suicide Prevention Lifeline, 24/7
(800) 273-8255
Spanish call (888) 628-9454
Deaf + Hard of Hearing (800)799-4889
- Inland Empire Suicide Prevention 24/7 Hotline
(951) 686-4357
- Trevor Lifeline, 24/7
(866) 488-7386, Text START to 678678

IMMEDIATE CRISIS RESPONSE

- Community Crisis Response Team
West Valley (909) 458-9266
East Valley (909) 421-9233
High Desert (760) 956-2345
Morongo Basin (760) 365-6558

INLAND EMPIRE ADULT MENTAL HEALTH URGENT WALK-IN SERVICES

- RI Crisis
Riverside (951) 509-2499
Palm Springs (442) 268-7000
- Kaiser Permanente Mental Health Offices, Ontario
(866) 205-3595
Redlands Community Hospital
(909) 335-5500

LOW COST MENTAL HEALTH COUNSELING

- San Bernardino County Behavioral Health
(888) 743-1478
Multiple locations

- Family Service Association
Cabazon (951) 846-8910
San Jacinto (951) 292-5790
Moreno Valley (951) 369-8036
Riverside ((951) 509-8733
Fontana (909) 888-2100
- Catholic Charities, San Bernardino and Riverside counties
(909) 388-1239
- Loma Linda University Behavioral Health Institute
(888) 884-2334
(909) 558-9500
- Inland Behavioral and Health Services
(909) 881-6146
- Riverside Free Clinic
3504 Mission Inn Ave Riverside, CA 92501
- Christian Counseling Services (non-faith and faith based) Partners with
University of Redlands
(909) 793-1078

LGBTQIA+(PD) RESOURCES

- Truevolution
(877) 890-1169
(951) 888-1346
Support groups and social services
infor@truevolution.org
- UC Riverside LGBT Resource Center
(951) 827-2267
out@ucr.edu
- LGBTQ Center at San Bernardino
(909) 907-4249
hello@sblgbtqcenter.org

SEXUAL ASSAULT SERVICES

- National Rape Hotline
800) 585-6231
- National Sexual Assault Hotline
(800) 656-4673

- Riverside Area Rape Crisis Center
24 hour hotline (951) 686-7273
- San Bernardino Sexual Assault Services
24 hour crisis hotline (909) 885-8884

DOMESTIC VIOLENCE SERVICES

- National Domestic Violence Hotline
(800) 799-7233, 24/7
- A Better Way
24 hour hotline (760) 955-8723
- House of Ruth
(909) 988-5559
(909)623-4364
- Doves
(909) 866-1546
24 hour hotline (800) 851-7601
- Shelter From the Storm
(760) 674-0400
- Haley House
(760) 256-3441

SUBSTANCE USE SUPPORT & SERVICES

- MFI Recovery
(866) 281-4697
- Substance Abuse and Mental Health Service Administration (SAMHSA)
<https://findtreatment.samhsa.gov>
- Alcoholics Anonymous
www.aa.org
- AA Inland Empire Central Office
(909) 825-4700
- AA San Bernardino Central Office
(909) 586-2763
- Alcoholicos Anonimos Spanish services
(909) 265-1353
- Narcotics Anonymous
www.na.org

- NA Inland Empire Central Office
(909) 825-4700
- NA Inland Empire/Foothills meetings
lefoothillsna.org

For Additional Help

Call 714-241-6005

to make an appointment for mental health services at Coastline College